



destino navarra  
GUIAS TURÍSTICOS



Bardenas Reales

Bardenas  
by locals



Catalogue 2026



Where the land tells stories  
Bardenas Reales: discover, feel, live.









# Navarra

# Aragón



Routes  
Destino Navarra



- Bus Tourist route 
- 4x4 route. North to south 
- 4x4 route. Essential Bardenas
- E-bike Full route 
- E-bike Classic route
- E-bike Easy route
- E-bike Adventure route
- Family hiking / environmental education
- Advanced hiking Route
- Linear hiking Route
- Historical hiking Route 

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Hello,  
My name is Mikel Olo,  
coordinator of the tourist  
guide team at Destino  
Navarra and “Bardenas by  
locals”.  
This is a project created  
by our company of official  
tourist guides of Navarre.

We are nature and adventure guides in the Bardenas Reales. Discover the Bardenas like never before: at your own pace, actively, and experiencing authentic moments in the heart of nature.

Our active tourism programs combine guided tours, hiking routes and e-bike itineraries so that you can enjoy the territory in a different, fun and sustainable way.

Whether you are looking for adventure or prefer to take things slowly, our accessible and guided itineraries will allow you to discover landscapes, culture, traditions and gastronomy in a vivid and personalized way.

Live Navarra, feel it, and let yourself be carried away by an experience that goes far beyond a simple trip.

We offer different options to discover this steppe region declared a UNESCO Biosphere Reserve.

During our tours, we show you the striking beauty of the Natural Park. You will be amazed by its semi-desert landscapes, almost lunar in appearance, whimsically shaped by erosion over millions of years and featured in films and numerous audiovisual productions.

In addition, we explain the environmental values of this place, which has specific flora and fauna, as well as its use by humans throughout history.



# Bus Tourist Route

Look, look, smile...



Panoramic bus excursion, ideal for tourist groups wishing to comfortably discover the magic of the Bardenas Reales. We make several strategic stops to observe the landscape up close and offer short walking routes that allow visitors to connect with the most surprising corners of the Bardena Blanca.

## Key Data

Distance

**30,84 km**

Elevation gain

**+ 92 m**

Route level

**Easy** ○

Estimated time with stops

**4 h**

The visit begins at the Bardenas Information Center, accessible from the road connecting Arguedas with the Military Training Area. From there, we start a bus route of approximately 25 km along dirt tracks. Throughout the journey, we make stops at the most emblematic points of the Bardena Blanca, where its geological formations, semi-desert landscape, flora, fauna, and traditional land uses within the Natural Park are interpreted.

The final stop takes place at the iconic site of Castildetierra, a natural monument and the most representative symbol of this surprising environment.

During the excursion, vehicle travel is combined with short walking routes designed to experience the landscape more closely: observing, touching, and exploring the most characteristic elements of this unique space.

## Key itinerary points

- Information Center (start)
- Panoramic stops
- Castildetierra



# Ruta 4X4. De Norte a Sur

Dare to discover the unexpected



Enjoy a complete 4x4 route through the Bardenas Reales, crossing the Biosphere Reserve from north to south accompanied by an expert guide.

As a couple, with family or friends... gather your group and get ready to live an unforgettable adventure through truly spectacular semi-desert landscapes.

## Key Data

Distance

**77,00 km**

Elevation gain

**+ 392 m**

Route level

**Mid**



Estimated time with stops

**4 h**

We will cross the natural park from north to south, venturing along less-traveled paths, away from the usual routes.

This journey allows you to discover a more authentic and complete dimension of the territory.

During the route, you will enjoy an impressive diversity of landscapes: ravines, hills, plains and formations sculpted by erosion over centuries, creating a unique environment of great natural value.

The guide will interpret the landscape and lead you to some of the park's most emblematic locations, combining vehicle travel with strategic stops for observation.

## Itinerary

- Bardenas Norte (start)
- El Plano
- Bardena Blanca Alta and Baja
- Piskerra and Rallón
- Castildetierra



# 4x4 Route. Essential Bardenas

We don't want to miss anything



Discover the majesty of the Bardenas Reales with a 4x4 route focused on the most iconic landscapes of the Bardena Blanca.

A perfect experience for those with less time who do not want to miss the most spectacular sites in the park.

## Key Data

Distance

**55,00 km**

Elevation gain

**+ 451 m**

Route level

**Mid**



Estimated time with stops

**3 h**

This route is specially designed for travelers staying in the western area of the Natural Park or those wishing to combine their visit with other destinations in Navarre.

The itinerary runs along dirt tracks around the Military Training Area, with stops at the most representative sites of the Bardena Blanca.

During the route, the guide will interpret the semi-desert landscape, its flora, fauna and traditional land uses.

4x4 sections are combined with short walks, allowing for a more sensory and immersive experience: observing, touching and understanding this unique environment.

## Itinerary

- Arguedas (start)
- El Yugo
- Aguilares
- Bardena Blanca Baja
- Rallón and Piskerra
- Castildetierra





# E-bike Full Route

## The most complete

Electric bike routes through the Bardenas Reales offer an ideal outdoor experience for those seeking a sustainable and active way to explore the park, adapting physical effort to their ability.

A different way to connect with the landscape, in silence and at your own pace.

### Key Data

Distance

# 27,40 km

Elevation gain

# + 340 m

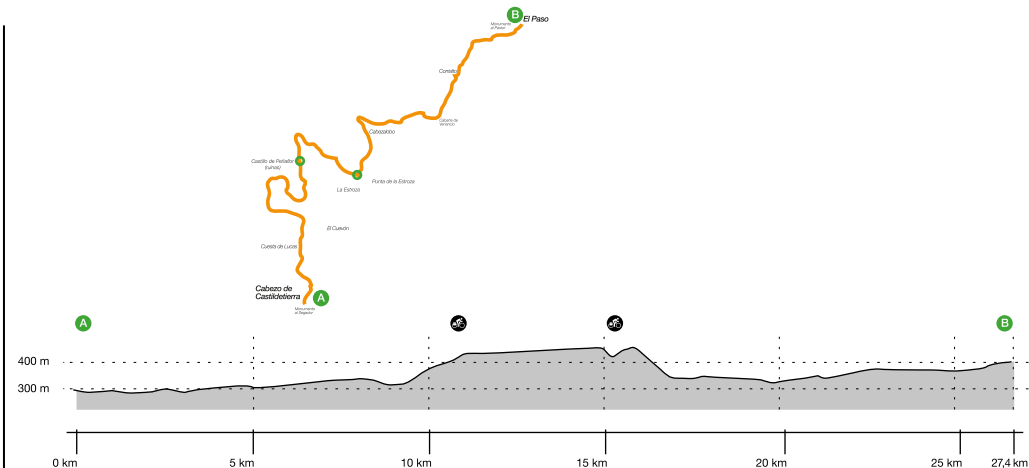
Route level

# Mid



Estimated time with stops

# 4 h



The e-bike route allows you to cross a wide variety of terrains and paths, avoiding as much as possible the most trafficked motor routes to venture into quieter areas.

Thanks to electric assistance, the itinerary is accessible and adapts to each participant's abilities. Cyclists experience a sense of adventure and exploration in a unique natural environment.

Accompanied by a guide, you will interpret the landscape, its geology, flora, fauna and traditional uses, enjoying a closer and more immersive experience. Throughout the route, stops and short walking sections are included to discover the environment in a sensory way.

### Itinerary

- El Paso (start)
- El Plano
- La Estroza
- Bardenas Blanca Alta and Baja
- Castildetierra





# E-bike Classic Route

La classica, iconic, unmissable...

The most requested route by those who want to discover the Bardenas Reales in an active and complete way, accompanied by professional guides who interpret and explain the landscape in an engaging and accessible way.

An experience that combines sport, nature and pure wonder.

## Key Data

Distance

**38,35 km**

Elevation gain

**+ 220 m**

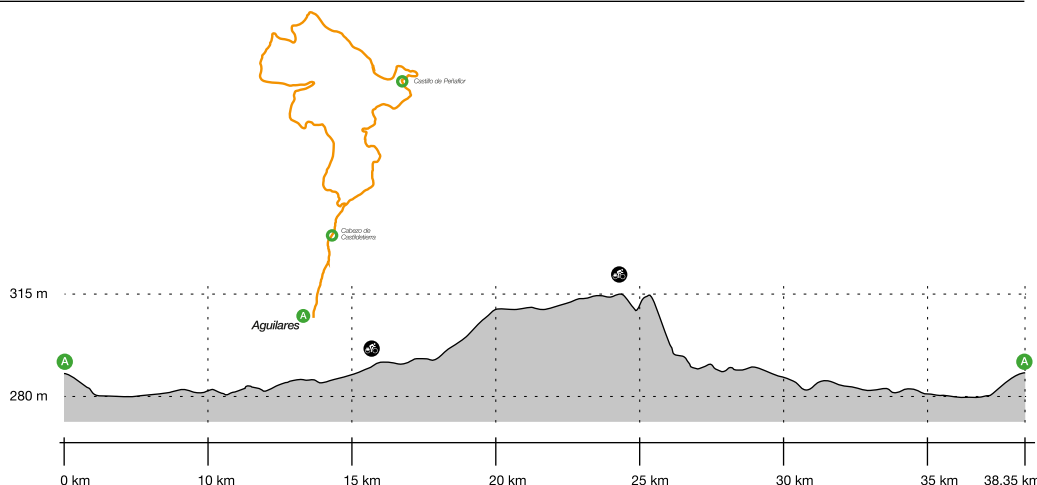
Route level

**Mid**



Estimated time with stops

**4 h**



The route begins in Aguilares and follows fast tracks leading towards the Vedado de Eguaras, where the impressive Peñafior Castle is located. From there, the climb to El Plano and the arrival at Punta de la Estroza offer one of the most spectacular panoramic views in the park, with vistas stretching to the Pyrenees and Moncayo.



The descent follows more technical paths covered with loose stones and enters the Bardena Blanca through ravines, canyons and eroded formations with an almost lunar appearance.

Finally, the route runs along the Shooting Range perimeter until reaching the iconic Castildetierra, symbol of the Bardenas landscape.

## Itinerary

- Aguilares (start)
- Barranco Grande
- Peñafior
- Estroza
- Bardena Blanca Baja
- Castildetierra





# E-bike Easy Route

The easiest, yet just as interesting

An ideal itinerary to get started in the world of electric biking while discovering the Bardenas Reales in a comfortable and relaxed way.

Almost flat terrain, surprising landscapes and an experience designed to be enjoyed without rushing.

## Key Data

Distance

**31,04 km**

Elevation gain

**+ 91 m**

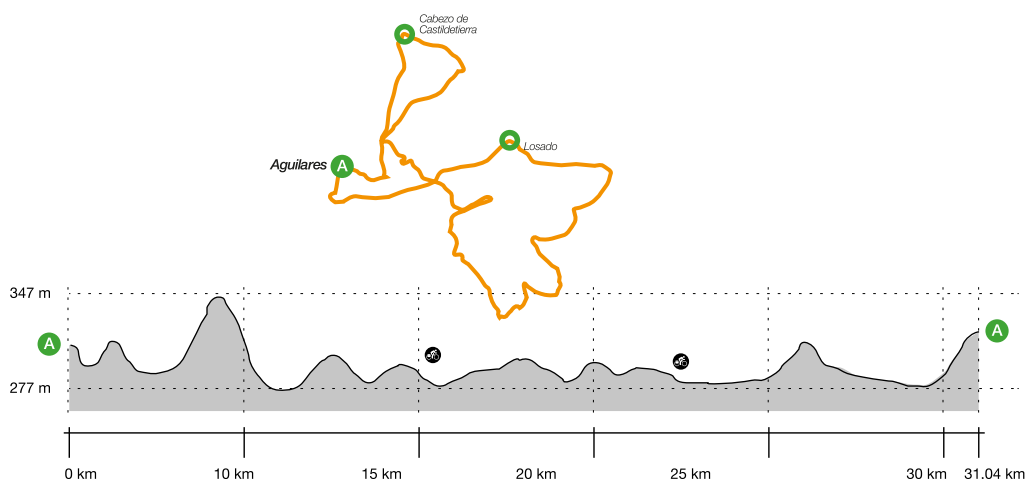
Route level

**Mid**



Estimated time with stops

**3 h**



This circular route begins in Aguilares and follows paths located south of the Shooting Range, away from motorized traffic, in a quieter environment.

The route crosses badlands with their eroded shapes and unique landscapes, offering a different perspective of the park.

It continues around the El Belcho area and the perimeter of the Shooting Range, crossing cereal fields and passing old huts and livestock enclosures that reflect traditional land uses, until reaching the iconic Castildetierra.

During the route, interpretive stops and short walking sections are included to explore the environment using all the senses.

## Itinerary

- Aguilares (start)
- Mesalobar
- El Belcho
- Shooting Range
- Castildetierra



# E-bike Ruta Adventur



Dare, go for it

For more experienced cyclists, this itinerary offers a demanding crossing of the Bardenas Reales from south to north.

An experience that combines effort, technique and reward, traveling through unique desert landscapes with an extra touch of adventure.

## Key Data

Distance

**54,96 km**

Elevation gain

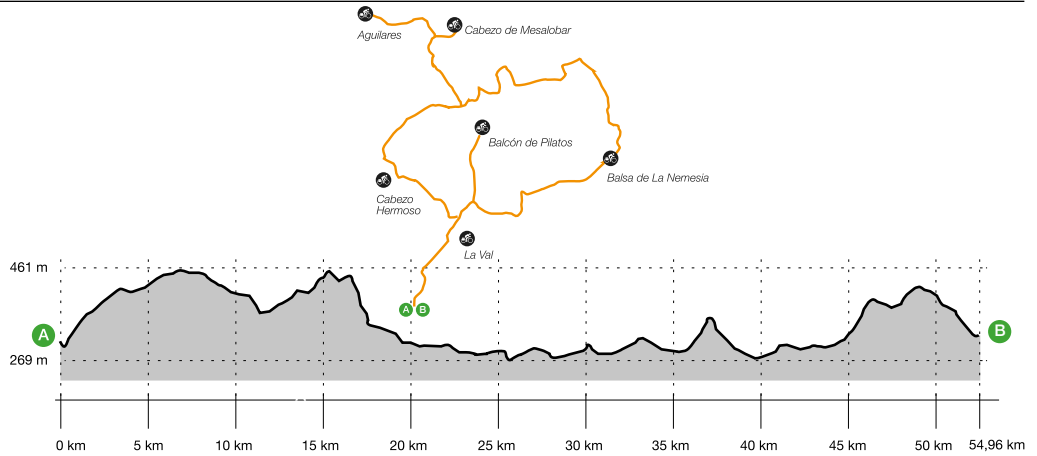
**+ 560 m**

Route level

**High** 

Estimated time with stops

**5 h**



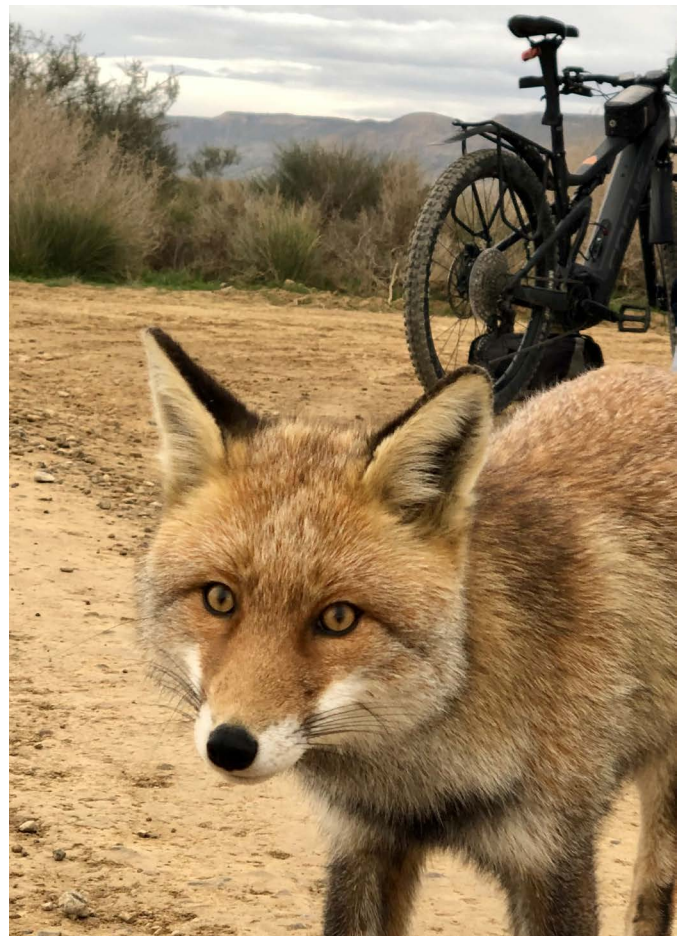
The route begins at the southern access of the park, from the national road, following the Cañada Real de los Montes del Cierzo. It includes more technical sections that will test participants' skills and endurance.

The highlight of the route is the impressive Balcón de Pilatos, one of the most spectacular viewpoints in the park, with 360° views stretching from the Pyrenees to Moncayo.

After enjoying this unique location, the route descends along fast tracks into the Bardena Blanca, crossing the characteristic badlands landscape. Then it continues combining technical and flowing sections until returning to the starting point.

## Itinerary

- N-125 road (start)
- Balcón de Pilatos
- Shooting Range
- El Belcho
- Aguilares



# Family Hiking / Environmental Education Route

Learn, enjoy... at any age



A hiking itinerary designed to discover the secrets of the Bardenas Reales in a simple and surprising way.

Through landscape interpretation, you will understand how this unique environment was formed and how its inhabitants have adapted and made use of its natural resources over time.

## Key Data

Distance

**6 km**

Elevation gain

**+ 67 m**

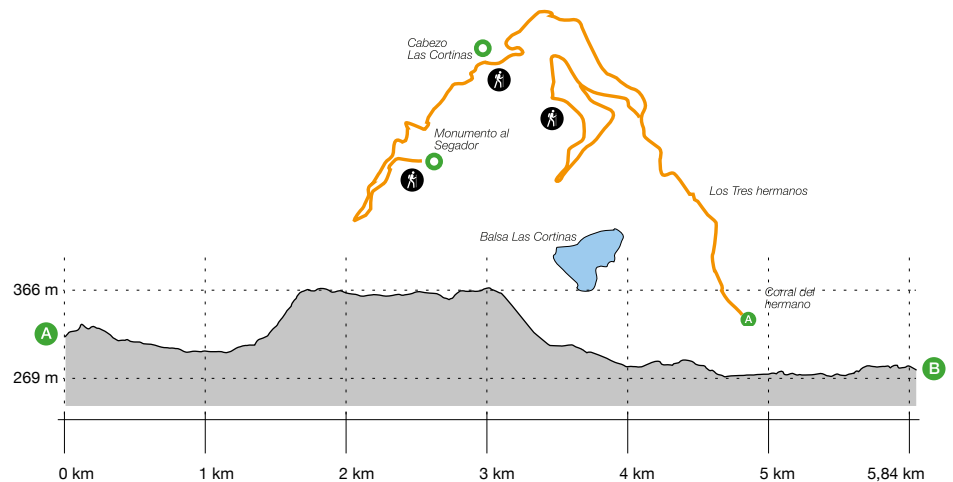
Route level

**Easy**



Estimated time with stops

**2 h**



The route begins on the perimeter track of the Shooting Range and follows paths traditionally used by shepherds and farmers, allowing a connection with the history and uses of the land.

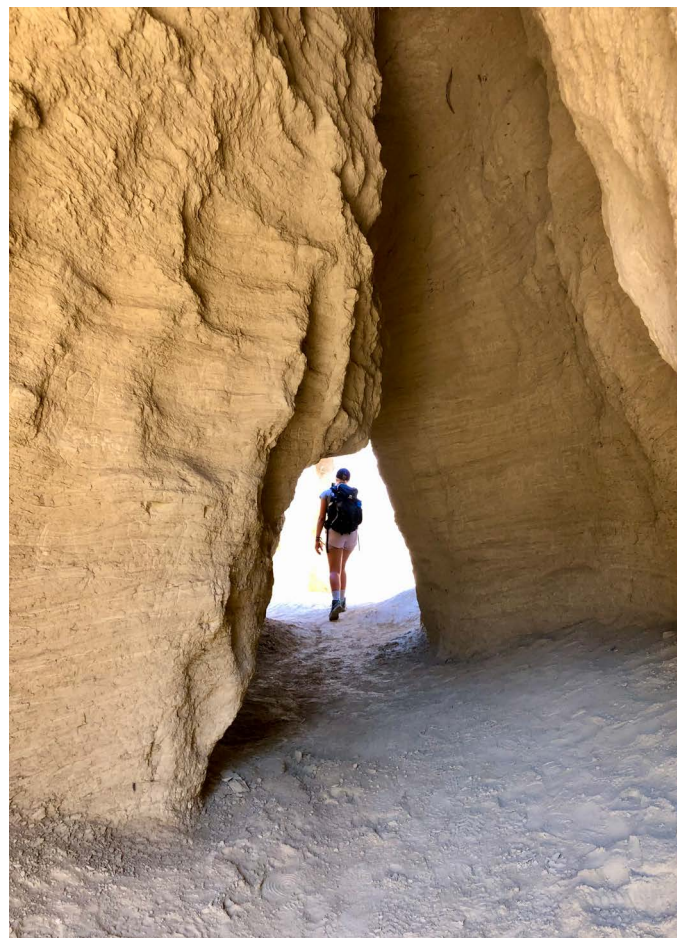
It is a short and accessible route, ideal for all audiences, although it includes some slightly inclined sections to reach a "cabezo" (isolated hill), from where a panoramic view of the different landscapes of the Bardenas can be enjoyed.

Throughout the route, the guide will interpret geological, environmental and cultural aspects of the surroundings, creating a participatory and educational experience,

The route ends at the famous natural monument Castildetierra.

## Itinerary

- Perimeter track (start)
- Cortinillas
- Barranco
- Castildetierra



# Advanced Hiking Route

A little more effort... an unforgettable experience



The Bardenas Reales hide surprising corners that can only be discovered by moving away from the most frequented routes. This itinerary, which ventures into truly impressive landscapes, is designed for groups in good physical condition looking for a more intense experience.

## Key Data

Distance

**11,42 km**

Elevation gain

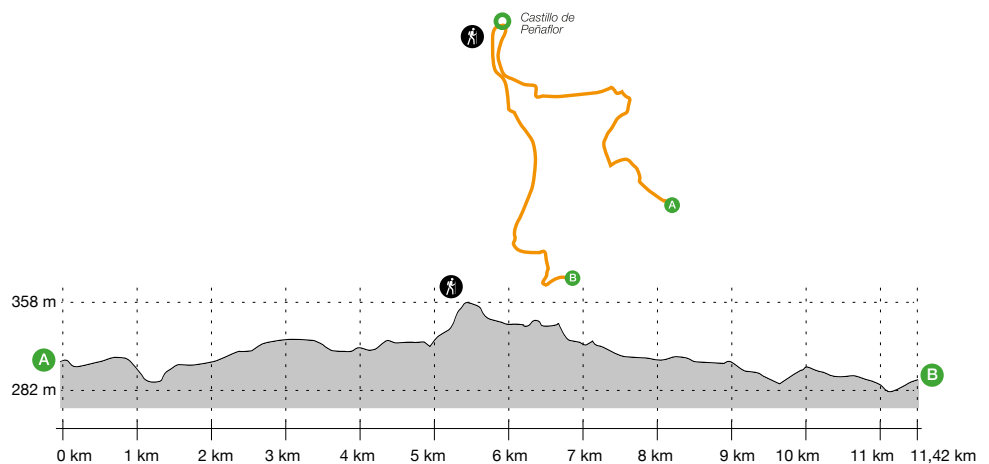
**+ 79 m**

Route level

**Medium**

Estimated time with stops

**4 h**



The route begins on the perimeter track of the Shooting Range and heads north, entering less visited areas of the park.

The route leads to the enigmatic Vedado de Eguaras and the historic Peñaflor Castle, a place full of legends linked to the former Kingdom of Navarre and surrounded by a landscape of great beauty.

Although the route does not present major technical difficulties, it requires good physical condition and some preparation, as it takes place in remote areas exposed to weather conditions.

For this reason, it is recommended to bring water, some food and appropriate equipment depending on the weather.

## Itinerary

- Perimeter track
- Barranco Grande
- Vedado de Eguaras



# Linear Hiking Route, South-oriented

Looking south reveals the unexpected



The southern part of the Bardenas Reales is often overlooked, but this area hides surprising and almost unknown landscapes. Do you dare to discover them with us?

## Key Data

Distance

**9,36 km**

Elevation gain

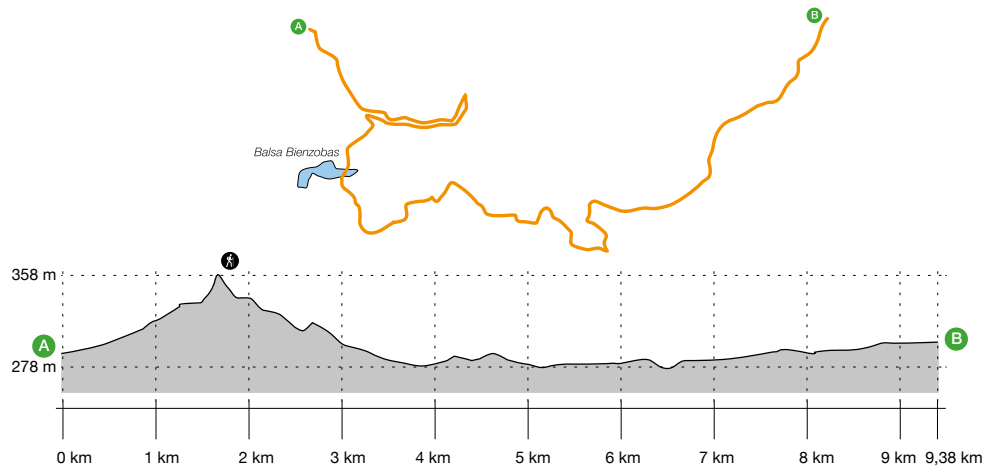
**+ 91 m**

Route level

**Medium**

Estimated time with stops

**3 h**



This is a linear route that begins on the paved road of the Military Training Area and progresses southwards, climbing up to Cabezo de Mesalobar.

From this elevation, you can enjoy an exceptional panoramic view of the desert landscape, with its complex networks of ravines and badlands.

The route is technically simple, but exposure to the sun must be considered, as there is very little natural shade. Some shelter can be found in shepherd enclosures or old farming huts.

The route ends at the perimeter track, where a bus will pick up participants and allow them to complete the tourist visit of the park.

## Itinerary

- Military Training Area road (start)
- Mesalobar
- Balsa de Bienzolas
- Barranco El Belcho
- Perimeter track



# Historical Hiking Route

La Estaca



Human presence in the Bardenas Reales dates back a long time, but it was not until the Middle Ages that this territory became a strategic border between the kingdoms of Navarre and Aragon.

This itinerary allows visitors to discover the most spectacular historical remains and immerse themselves in the history of a unique landscape.

## Key Data

Distance

**12,84 km**

Elevation gain

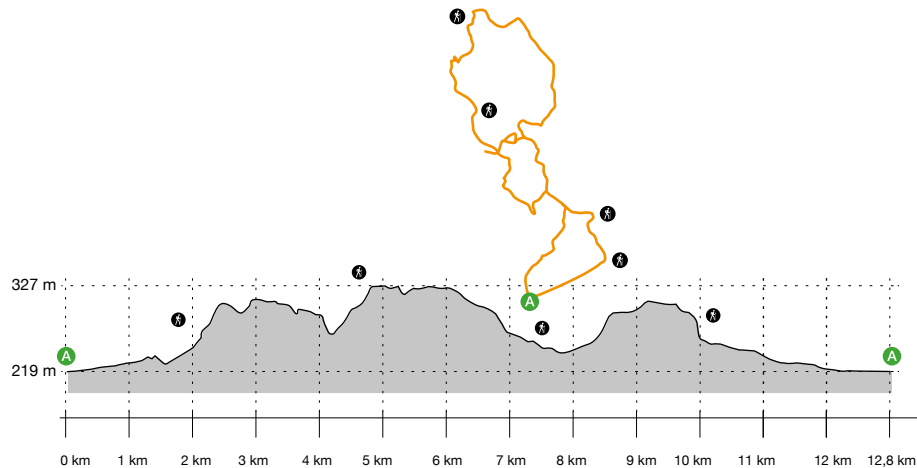
**+ 448 m**

Route level

**Medium** 

Estimated time with stops

**5 h**



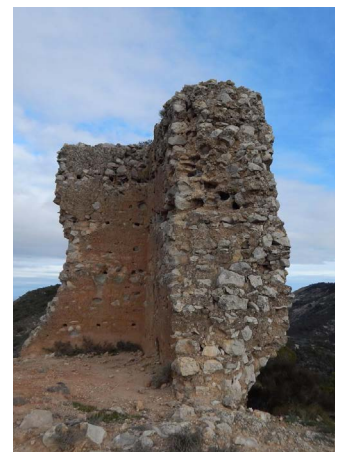
This hiking proposal is probably the most demanding, but also the most unknown and fascinating.

The route takes us to explore medieval remains of the Kingdom of Navarre and discover landscapes rarely seen in photographs: isolated hills, pastures, cereal fields and dense forests of pine, holm oak and shrubs that host surprising flora and fauna.

The route requires good physical condition but offers unique experiences combining history and nature, leading into much less frequented areas of the park.

## Itinerary

- N-125 road
- La Nasa
- La Estaca Castle
- Border with Aragon



# Corporate Tourism & Incentives (MICE)

The Bardenas Reales provide a unique setting to design incentive trips and corporate programs that aim to surprise and leave a lasting impression.

Combining the semi-desert landscape with the excellence of local gastronomy and carefully selected cultural experiences ensures unforgettable and successful programs.

Although the Bardenas are famous for their arid and desert landscapes, the information circulating on social media and in the media does not always reflect the true reality of the Natural Park.

For this reason, to guarantee a successful program, it is essential to rely on local companies that understand both the territory and the hosting capacity depending on the characteristics of the group: age, physical condition and available budget.

Programs can be fully adapted to the size of the group and can combine different activities to maximize the experience:

- Motorized routes (4x4, buggies or bus).
- Guided e-bike itineraries.
- Hiking activities.
- Gastronomic and cultural experiences.

Each itinerary is customized to balance adventure, comfort and learning, ensuring all participants enjoy a memorable and unique experience.

## Key Point

- Customized programs.
- Combinable experiences.
- Ideal for companies and professional groups.



# Audiovisual Productions

Lights, camera, action... in a unique landscape

The Bardenas are much more than a desert landscape: badlands, canyons, mountains, huts and dust, but also vast cereal plains, blue skies and crystal-clear water basins.

All of this is located within a Natural Park and a biosphere reserve, where audiovisual activities are subject to strict regulations to protect this exceptional environment.

It is common to see audiovisual production teams in the Bardenas Reales, but it is important to remember that all activities are regulated by park legislation and must strictly comply with established rules.

We collaborate with production companies and, thanks to our experience, we can advise on what can and cannot be done within the park, manage permits, fees, deposits and coordinate logistics to ensure that filming is safe and legal.

In addition, we have deep knowledge of the territory and can propose alternative locations outside the park that meet the client's creative needs while maintaining the desired aesthetic and perspective.

The Bardenas Reales are a protected Natural Park and biosphere reserve, which means all audiovisual activity must respect the natural values that led to its conservation: fauna, flora, landscape and geological formations.

## Key Points

- Permits and administrative procedures included.
- Location scouting and advice.
- Strict compliance with environmental regulations.
- Ideal for film, advertising, photography and documentary shoots.
- Support from local professionals.



# Gastronomy & Accommodation

We leave nothing to chance

The Bardenas Reales cover 400 km<sup>2</sup> of almost uninhabited territory. Therefore, every practical detail — gastronomy, accommodation and preparation — is essential to guarantee a complete and comfortable experience for our clients.

There are no accommodations, restaurants, bars or toilets within the park. Therefore, we recommend planning strategic stops before starting any activity and coming with appropriate clothing and footwear for the chosen activity.

It is also important to consider exposure to extreme weather conditions: high or low temperatures, strong winds, rain or mud.

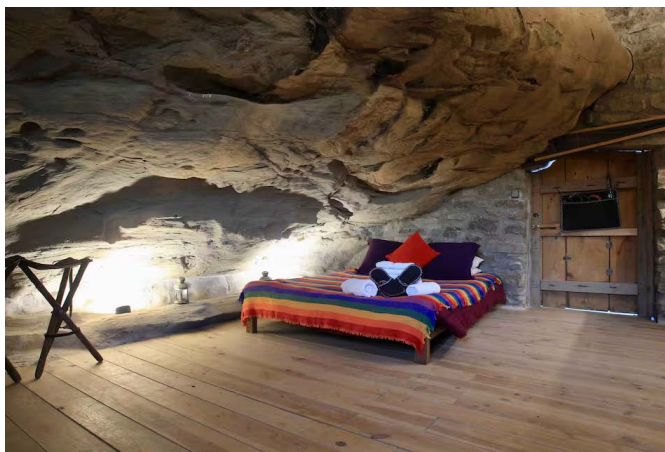
To maximize the gastronomic experience, we can design proposals adapted to clients and their needs. In most cases, we recommend leaving the park at lunchtime to fully enjoy Navarra's rich local cuisine.

Regarding accommodation, we offer advice so that clients can rest according to their preferences and budget, ranging from boutique accommodations, tourist hotels, rural houses and hostels, to more unique options such as cave dwellings.

Our goal is for each program to be carefully designed, without surprises, and for every participant to enjoy the experience in optimal conditions of comfort and safety.

## Key Points

- Complete logistics.
- Equipment and clothing recommendations.
- Tailored gastronomic proposals.
- Accommodation advice.
- Safety and comfort as a priority.
- Ideal for families and MICE programs



# Tourism & Environmental Respect

Not everything is possible... we are in a natural park

The Bardenas Reales have been an environmentally protected territory since the end of the 20th century. Since then, strict rules regulate tourism activities, and lack of knowledge does not exempt anyone from responsibility.

Tourism in the Bardenas has developed mainly over the last 30 years, driven by the internet, media, travel magazines and, above all, social networks. This exposure has portrayed the park as a “wild” landscape, sometimes giving the impression that any activity can be carried out without control.

This perception creates confusion among visitors who, due to lack of knowledge or misinterpretation, may break park rules, with possible legal consequences.

We ensure not only that clients enjoy the Bardenas safely and sustainably, but also that they become ambassadors of our territory, helping preserve these values so that future generations can continue to enjoy them.

## Key Points

- 100% compliance with park regulations.
- Commitment to local economy and sustainability.
- Environmental education integrated into the experience.
- Clear information about risks and legal limitations
- Suitable for all audiences.



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### Service fees

Service / Rates

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#### Bus – Panoramic excursion

Duration: approximately 3 h .....320 €/group +21%VAT  
Weekend / holiday supplement .....+25%

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#### 4x4 Routes

Half day (3 ó 4 horas) ..... 320 €/group +21% VAT  
Full day (Bardenas & Olite) .....420 €/group +21% VAT

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#### Hiking / Enviromental Education

Half day.....320 €/group +21% VAT  
Full day.....420 €/group +21% VAT

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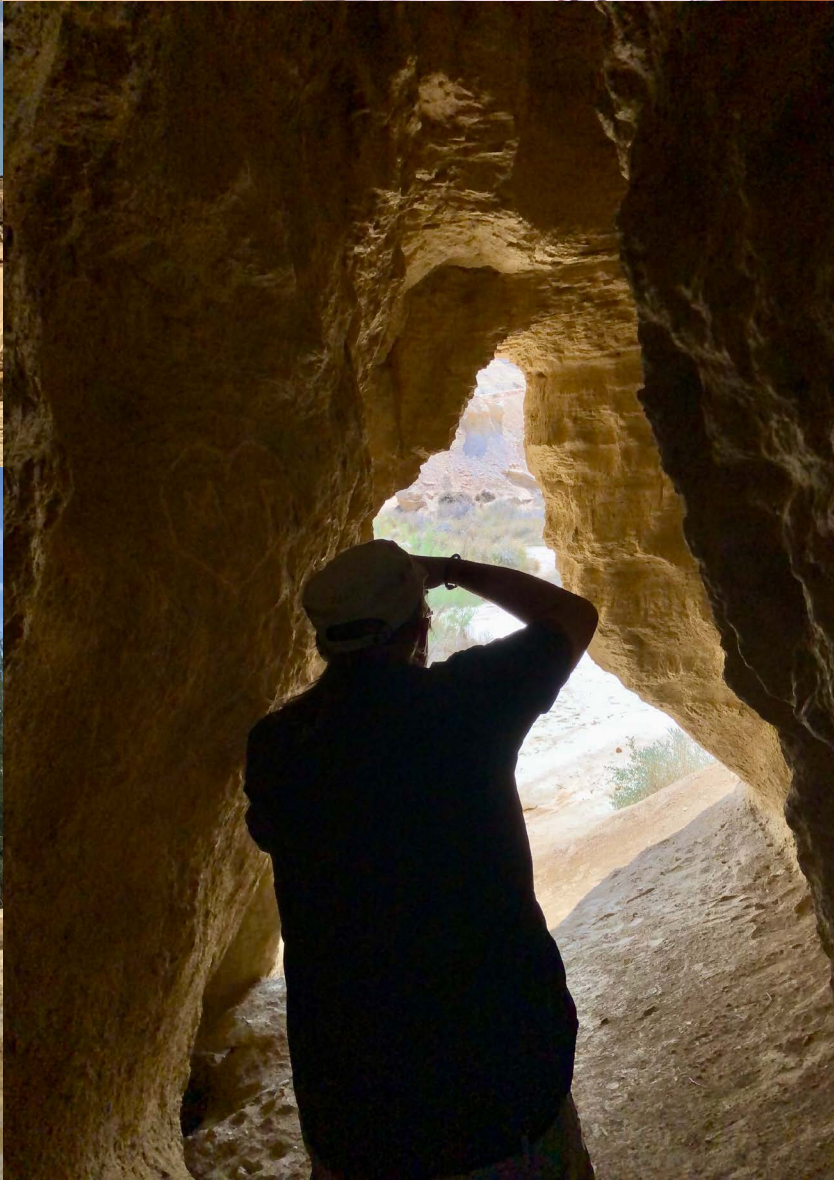
#### MTB/E-Bike\_ (1 guide per approx. 12 clients)

Half day.....320 €/group +21% VAT  
Full day.....420 €/group +21% VAT

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#### Bike Rental

MTB convencional ..... 30 €/ bike  
E-Bike eléctrica ..... 60 €/ bike



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